

ARTICLES OF ASSOCIATION

OF

THE BRITISH POLIO FELLOWSHIP

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THE COMPANIES ACT 2006

Company Limited by Guarantee and not having a Share Capital

ARTICLES OF ASSOCIATION

OF

THE BRITISH POLIO FELLOWSHIP (the "Charity")

1 Meaning of Words

1.1 In these Articles the following words will have the meanings shown opposite them, unless the context indicates another meaning:

Words	Meanings
"Articles"	these articles of association;
"Board"	the board of Trustees of the Charity, the members of which are the company directors and charity trustees;
"Chair"	the chair of the Board of Trustees or any person discharging the functions of the chair;
"Charities Act"	the Charities Act 2011;
"Charity"	the company regulated by these Articles;
"Charity Commission"	the Charity Commission for England and Wales;
"Clear Days"	in relation to a period of notice, the period excluding the day on which notice is given or deemed to be given and the date of the event to which the notice relates;
"Companies Act"	the Companies Acts (as defined in s.2 Companies Act 2006) in so far as they apply to the Charity;

“Connected Person”	for the purposes of Articles 6 and 10 has the meaning given to it in Article 6.6;
“Material Benefit”	a benefit, direct or indirect, which may not be financial but has a monetary value;
“Member”	a company member of the Charity;
“Month”	calendar month;
“Objects”	the objects of the Charity as defined in Article 3.1;
“Office”	the registered office of the Charity;
“Ordinary Resolution”	a resolution agreed by a simple majority of the Members present and voting at a general meeting, or, in the case of a written resolution, by Members who together hold a simple majority of the voting rights;
“Regulations”	any rules, standing orders or regulations made in accordance with these Articles;
“Signed”	shall include such forms of authentication that are permitted by law;
“Special Resolution”	a resolution agreed by a 75% majority of Members present and voting at a general meeting, or, in the case of a written resolution, by Members who together hold 75% of the voting rights;
“Taxable Trading”	carrying on a trade or business for the principal purpose of raising funds and not for the purpose of actually carrying out the Objects, the profits of which are subject to corporation tax;
“Trustees”	the directors of the Charity;
“United Kingdom”	Great Britain and Northern Ireland; and
“Written” or “in Writing”	the representation or reproduction of words, symbols or other information in a visible form by any method or combination of methods, whether sent or supplied in electronic form or otherwise.

1.2 In these Articles:

- 1.2.1 The words “person” or “people” includes other charities, including charitable incorporated organisations, royal charter corporations, companies, trusts, societies or associations, government departments or statutory authorities and other individuals, corporations, partnerships or other incorporated or unincorporated bodies.
- 1.2.2 Apart from the words defined above, any words or expression defined in the Companies Act, or the Charities Act, will have the same meanings in these Articles, unless the context indicates another meaning.

1.2.3 References to an Act of Parliament are to that Act as amended or re-enacted from time to time and to any subordinate legislation made under it.

1.2.4 The words “include(s)”, “including” or “in particular” are deemed to have the words “without limitation” following them. Where the context permits, the words “other” and “otherwise” are illustrative and shall not limit the sense of the words preceding them.

1.3 Nothing in these Articles shall authorise the application of funds for purposes which are not charitable in accordance with section 7 of the Charities and Trustees Investment (Scotland) Act 2005 and/or section 2 of the Charities Act (Northern Ireland) 2008. For the avoidance of doubt, the system of law governing these Articles is the law of England and Wales.

2 Registered Office

2.1 The registered office of the Charity will be in England and Wales.

3 Objects

3.1 The objects of the Charity are the relief of persons who have had or may yet have polio and post polio syndrome or associated ailments, in particular but not exclusively by:

3.1.1 representing the needs of people who have had or may yet have polio and post polio syndrome or associated ailments;

3.1.2 assisting them to take their full integrated part in the life of the community;

3.1.3 offering help, advice, information, accommodation and support (financial or otherwise) to such people resident in the UK;

3.1.4 liaising with similar groups worldwide to receive and disseminate information and expertise.

4 Powers

4.1 The Charity has the following powers which may be used only to promote the Objects:

Activities

4.1.1 to provide grants, awards, scholarships or materials in kind;

4.1.2 to provide or procure the provision of services, education, training, consultancy, advice, support, counselling or guidance;

4.1.3 to produce, print and publish anything in or on any media;

4.1.4 to promote or undertake study or research and disseminate the useful results of such research;

4.1.5 to undertake the administration or management (whether as trustee, agent or otherwise) of any charitable trust;

4.1.6 to accept any property upon or on any special trusts, or for any institutions or purposes either specified or to be specified by some person other than the Trustees;

- 4.1.7 to promote and advertise the Charity's activities and to seek to influence public opinion and policy and regulation implemented or proposed to be implemented by government or statutory authorities or other public bodies by undertaking campaigning and, in furtherance of the Objects but not otherwise, the Trustees shall have power to engage in political activity provided that the Trustees are satisfied that the proposed activities will further the purposes of the Charity to an extent justified by the resources committed and the activity is not the dominant means by which the Charity carries out its Objects;

Funding

- 4.1.8 to raise funds in any way including by way of contribution, grant, subscription, entering into contracts and carrying on trade (but not by means of Taxable Trading) and in its discretion to decline or disclaim any particular contribution;
- 4.1.9 to give or receive guarantees or indemnities;

Collaboration

- 4.1.10 to establish, promote and otherwise assist in any way any limited company or companies or other bodies, and to establish the same either as a wholly owned subsidiary of the Charity or jointly owned with other persons, and to finance such bodies by way of loan, share subscription or other means;
- 4.1.11 to take control of, support, co-operate, federate, merge, join or amalgamate with any other persons;
- 4.1.12 to transfer to or to purchase or otherwise acquire from any person with or without consideration, any property, assets or liabilities, and to perform any of their engagements;
- 4.1.13 to co-operate and enter into any arrangements with any person;

Acquisition, management and disposal of assets

- 4.1.14 to buy, take on lease, share, hire or otherwise acquire property of any sort;
- 4.1.15 to sell, lease or otherwise dispose of all or any part of the property belonging to the Charity, provided that, where applicable, the Charity, and its Trustees, comply with sections 117 to 123 of the Charities Act;
- 4.1.16 to borrow money and to charge the whole or any part of the property belonging to the Charity as security, provided that if the Charity wishes to mortgage land, the Charity, and its Trustees, comply with sections 124 to 126 of the Charities Act;
- 4.1.17 to construct, alter, provide, manage, maintain, furnish and fit with all the necessary furniture and other equipment any buildings and any other premises or structures or land;

Staff, agents and advisers

- 4.1.18 subject to Articles 6 and 10, to employ and pay any employees and other staff, consultants, agents and advisers;

- 4.1.19 to make provision for the payment of pensions and other benefits to or on behalf of employees and their dependants;

Banking and insurance

- 4.1.20 to open and operate bank accounts and other banking facilities including by using internet banking or other electronic authentication methods;
- 4.1.21 to insure any risks arising from the Charity's activities;
- 4.1.22 to purchase indemnity insurance for the Trustees in accordance with and to the extent permitted by the Charities Act;

Investment and social investment

- 4.1.23 to make social investments in accordance with Part 14A of the Charities Act;
- 4.1.24 to invest in any investments, securities or properties;
- 4.1.25 to accumulate and set aside funds for special purposes or as reserves in accordance with a reserves policy;
- 4.1.26 to delegate upon such terms and at such reasonable remuneration as the Charity may think fit to an individual, company or firm authorised to give investment advice under the Financial Services and Markets Act 2000 (the "Managers") the management of investments (being assets capable of producing income which may also increase in capital value), provided that:
- (a) the delegated powers shall be exercisable only within clear policy guidelines set by the Trustees;
 - (b) the Managers are under an obligation to report promptly to the Trustees the performance of investments managed by them;
 - (c) the Trustees are entitled at any time to review, alter or terminate the delegation arrangement;
 - (d) the Trustees review the arrangements for delegation at intervals but so that any failure by the Charity to undertake such reviews shall not invalidate the delegation; and
 - (e) the Managers must not do anything outside the powers of the Charity;
- 4.1.27 to arrange for investments or other property of the Charity to be held in the name of a nominee company acting under the control of the Trustees or of a financial expert acting under their instructions, and to pay any reasonable fee required; and

Other matters

4.1.28 to do anything else within the law which promotes or helps to promote the Objects.

5 Use of funds and property

5.1 No part of the Charity's funds or property shall be paid or transferred directly or indirectly by way of dividend, bonus or otherwise by way of profit to any Member, except to any such Member that is a charity (as defined in the Charities Act) with one or more charitable objects which is or are the same as or substantially similar to one or more Objects of the Charity.

5.2 For the avoidance of doubt, a Member who is not a Trustee or a Connected Person may:

5.2.1 be employed by or enter into contracts with the Charity and receive reasonable payments for goods or services supplied;

5.2.2 receive charitable grants or other assistance where it is to be applied in furtherance of the Objects;

5.2.3 receive charitable benefits on the same terms as any other beneficiary of the Charity;

5.2.4 be paid interest at a reasonable rate on money lent to the Charity; and

5.2.5 be paid a reasonable rent or hiring fee for property let or hired to the Charity.

5.3 A Member who is also a Trustee or a Connected Person may only receive benefits in accordance with Article 6.

5.4 Nothing in this Article 5 shall prevent a Member of the Charity or a Trustee receiving any benefit as a beneficiary (provided that such benefit shall be available in the same form to other beneficiaries who are not Trustees).

6 Permitted benefits

6.1 A Trustee or Connected Person must not receive any payment of money or other Material Benefit (whether directly or indirectly) from the Charity, except as set out in Articles 6.2, 6.3 and 6.4.

6.2 A Trustee or Connected Person may receive the following benefits from the Charity:

6.2.1 reasonable and proper remuneration for any goods or services actually rendered to the Charity or a subsidiary of the Charity (excluding the service of acting as a Trustee and services performed by a Trustee as an employee of the Charity), provided that:

(a) no more than half of the Trustees may be so remunerated in any financial year (and for these purposes such provision shall be treated as applying to a Trustee if it applies to a person who is a Connected Person in relation to that Trustee);

(b) no resolution to approve such remuneration to a Trustee shall be effective unless it is passed at a meeting of the Board;

- (c) a Trustee shall not vote on any resolutions relating to their remuneration (or relating to remuneration of their Connected Persons) and the procedure described in Article 10 (Conflicts of Interest) must be followed in considering the remuneration of the Trustee or Connected Person and in relation to any other decisions regarding the remuneration authorised by this Article;
 - (d) the remuneration or maximum remuneration payable to the Trustee or Connected Person shall be set out either in the resolution approving such remuneration or in a written agreement between the Trustee or Connected Person and the Charity; and
 - (e) the Trustees are satisfied that the provision of services by that Trustee or Connected Person on the terms proposed are in the best interests of the Charity;
- 6.2.2 reasonable interest on money lent by a Trustee or Connected Person to the Charity (which must not be more than the Bank of England base rate);
- 6.2.3 reasonable and proper payment to a company of which the Trustee or Connected Person does not hold more than 1% of the shares or voting power;
- 6.2.4 reasonable and proper rent for premises demised or let by any Trustee or Connected Person to the Charity; or
- 6.2.5 any payment or benefit with the prior written approval of Court or the Charity Commission.
- 6.3 A Trustee may also receive the following from the Charity:
 - 6.3.1 reasonable out-of-pocket expenses;
 - 6.3.2 reasonable and proper premiums in respect of any Trustee indemnity insurance policy taken out pursuant to Article 4.1.22 above; or
 - 6.3.3 any payment to a Trustee under the indemnity provisions in these Articles.
- 6.4 A Trustee or Connected Person may only be employed by, or receive any Material Benefit from the Charity which is not otherwise authorised in this Article 6, if the remuneration, payment or benefit is authorised by the Court or the Charity Commission.
- 6.5 No Trustee shall vote on or be present during the discussion of, or the authorisation of, any decision in respect of matters set out in Article 6 applicable to that Trustee or their Connected Persons except where it relates to the approval of the purchase of indemnity insurance pursuant to Article 6.3.2 or the payment of an indemnity pursuant to Article 6.3.3, in each case where such payment is to be made to or for the benefit of a majority of the Trustees.
- 6.6 For the purposes of these Articles:
 - 6.6.1 “**Connected Person**” means, in relation to a Trustee:
 - (a) a child, parent, grandchild, grandparent, brother or sister of the Trustee;

- (b) the spouse or civil partner of the Trustee or of any person falling within 6.6.1(a);
- (c) a person carrying on business in partnership with the Trustee or with any person falling within 6.6.1(a) or 6.6.1(b);
- (d) an institution which is controlled:
 - (i) by the Trustee or by any person falling within 6.6.1(a), 6.6.1(b) or 6.6.1(c);
 - (ii) by two or more persons falling within 6.6.1(d)(i), when taken together;
- (e) a body corporate in which:
 - (i) the Trustee or any person falling within any of 6.6.1(a), 6.6.1(b) or 6.6.1(c) has a substantial interest, or
 - (ii) two or more persons falling within 6.6.1(e)(i) when taken together, have a substantial interest; and

6.6.2 sections 350 to 352 of the Charities Act (meaning of child, spouse and civil partner, controlled institution and substantial interest) apply for the purposes of Article 6.6.1.

7 Amendments to these Articles

- 7.1 No amendments may be made to these Articles which would cause the Charity to cease to be a charity in law.
- 7.2 Amendments may only be made to the following Articles, with the prior written consent of the Charity Commission:
 - 7.2.1 the Objects;
 - 7.2.2 any provision relating to what happens to the Charity's property on winding up; or
 - 7.2.3 any provision which would provide for any benefit to be obtained by Trustees or persons connected with them.
- 7.3 The Charity shall inform the Charity Commission and Companies House of any alterations to the Articles.

8 Limited liability and guarantee

- 8.1 Each Member undertakes to pay £1 in the event of the Charity being wound up or dissolved while they are a Member or within one year after ceasing to be a Member, towards:
 - 8.1.1 payment of the debts and liabilities of the Charity incurred before they ceased to be a Member;
 - 8.1.2 payment of the costs, charges and expenses of winding up; and

8.1.3 adjustment of the rights of the contributories among themselves.

8.2 The liability of the Members is limited to £1.

9 Indemnity of Trustees

9.1 For the purposes of this Article 9, "Relevant Trustee" means any Trustee or former Trustee of the Charity.

9.2 Without prejudice to any indemnity to which a Relevant Trustee or other officer may otherwise be entitled, the Charity shall indemnify every Relevant Trustee, or other officer, out of the assets of the Charity against all costs and liabilities incurred by the Relevant Trustee or officer in that capacity to the extent permitted by the Companies Act.

9.3 To the extent permitted by law, the Charity may provide funds to every Relevant Trustee or other officer to meet expenditure incurred or to be incurred by them in any proceedings (whether civil or criminal) brought by any party which relate to anything done or omitted or alleged to have been done or omitted by them as a Relevant Trustee or officer, provided that they will be obliged to repay such amounts no later than:

9.3.1 if they are convicted in proceedings, the date when the conviction becomes final; or

9.3.2 if judgment is given against them in proceedings, the date when the judgment becomes final; or

9.3.3 if the court refuses to grant them relief on any application under the Companies Act, the date when refusal becomes final.

10 Conflicts of Interest

10.1 For the purposes of this Article 10, "**Conflict of Interest**" means any direct or indirect interest of a Trustee (whether personally or by virtue of a duty of loyalty to another organisation or otherwise) that conflicts, or may conflict with the interests of the Charity, because the Trustee or a Connected Person may receive a benefit from the Charity, or has some separate interest or duty in a matter to be decided, or in relation to information which is confidential to the Charity.

10.2 Subject to Article 10.4, whenever a Trustee is in a situation that gives rise to, or is reasonably likely to give rise to, a Conflict of Interest, the Trustee must:

10.2.1 fully declare the nature and extent of the interest before discussion begins on the matter;

10.2.2 withdraw from the meeting or discussion for that item, after providing any information requested by the other Trustees;

10.2.3 not be counted in the quorum for that part of the meeting or decision-making process;

10.2.4 be absent during the vote and have no vote on the matter; and

10.2.5 comply with any other requirement which the other Trustees resolve is necessary.

- 10.3 If any question arises as to whether a Trustee has a Conflict of Interest, the question must be decided by a majority decision of the other Trustees.
- 10.4 When any Trustee has a Conflict of Interest, the Trustees who do not have a Conflict of Interest (if they form a quorum without counting the Trustee and are satisfied that it is in the best interests of the Charity to do so) may by resolution passed in the absence of the Trustee permit the Trustee, notwithstanding any Conflict of Interest which has arisen or may arise for the Trustee, to:
- 10.4.1 continue to participate in discussions leading to the making of a decision, or to vote, or both;
 - 10.4.2 disclose to a third party information confidential to the Charity;
 - 10.4.3 take any other action not otherwise authorised which does not involve the receipt by the Trustee (or a Connected Person) of any payment or Material Benefit from the Charity; or
 - 10.4.4 refrain from taking any step required to remove the conflict.
- 10.5 Where a Trustee has a Conflict of Interest which has been declared to the Trustees, the Trustee shall not be in breach of that Trustee's duties to the Charity by withholding confidential information from the Charity if to disclose it would result in a breach of any other duty or obligation of confidence, provided that a Trustee may not withhold information relating to a direct or indirect personal benefit for the Trustee.
- 10.6 The Trustees shall observe the other duties and rules in the Companies Act, and such other rules as the Board adopts, in relation to the management of Conflicts of Interest.
- 10.7 Nothing contained in this Article 10 shall authorise a Trustee to receive any benefit not permitted elsewhere in these Articles.

MEMBERS AND MEMBERSHIP

11 Membership

- 11.1 The subscribers to the memorandum and such other persons who are admitted to membership in accordance with these Articles shall be the Members of the Charity.
- 11.2 The number of Members is unlimited.
- 11.3 Members remain Members until they cease to be Members in accordance with these Articles.
- 11.4 Membership is not transferable.

12 Eligibility for Membership

- 12.1 Membership is open to:
- 12.1.1 any individual whom the Board decides to admit to membership; and
 - 12.1.2 any organisations whether incorporated or unincorporated which the Board decides to admit to membership.

- 12.2 The Trustees may determine criteria for membership but are not obliged to admit any person satisfying such criteria as Members and may decline in their absolute discretion any person's application and need not give reasons for such decision.
- 12.3 The Board may delegate the power to admit Members.
- 12.4 A Member which is an organisation must, if requested, provide a copy of its governing document to the Charity.
- 12.5 A Member which is an organisation must appoint one authorised representative and may at any time by giving notice in Writing cancel the appointment of its authorised representative and appoint another instead. An authorised representative is entitled to exercise on behalf of the Member the same powers as the Member could exercise if it were an individual Member of the Charity, including the right to attend, vote and speak at general meetings.

13 Classes of Membership

- 13.1 The Board may establish different classes of Members.
- 13.2 The Board may recognise one or more classes of associate members (who are not Members of the Charity for the purposes of the Companies Act) and may determine their rights and obligations in Regulations.
- 13.3 The Board may propose subscriptions for Members, which may be at different rates for different Members or categories of Members, for approval by Ordinary Resolution. All Members must pay the subscriptions proposed by the Board and approved by Ordinary Resolution.
- 13.4 The Board may propose subscriptions for associate members, which may be at different rates for different associate members or categories of associate members, for approval by resolution agreed by a simple majority of the associate members present and voting at a meeting. All associate members must pay the subscriptions proposed by the Board and approved in accordance with this clause 13.4.

14 Ending of Membership

- 14.1 A Member stops being a Member if:
 - 14.1.1 the Member resigns by giving notice in Writing to the Charity (unless after the resignation there would be fewer than two remaining Members);
 - 14.1.2 any sum due from the Member to the Charity remains unpaid six months after it is due, despite the Board having sent a Written reminder to the Member requesting payment, and the Board resolves to end that Member's membership;
 - 14.1.3 the Member fails to respond in Writing within 60 days of being sent a notice in Writing requesting confirmation that they wish to remain a Member and containing a warning that their membership may be ended, and the Board resolves to end that Member's membership; or
 - 14.1.4 the Member dies or, in the case of an organisation, ceases to function or is wound up.

- 14.2 In addition, the Board may resolve to remove a Member from membership on the basis that it is in the best interests of the Charity that their membership is terminated by giving the Member notice in Writing, provided that:
- 14.2.1 no later than 10 working days after receiving that notice the Member can appeal in Writing to the Charity against their removal;
 - 14.2.2 any appeal must be considered by a meeting of the Board, or a committee appointed by the Board; and
 - 14.2.3 the Member has the opportunity to make representations at the meeting or written representations to it and the meeting shall either confirm the termination or reinstate the Member.

For the avoidance of doubt, the process in this Article 14.2 does not apply to termination of membership under Article 14.1.2 or Article 14.1.3.

15 Register of Members

- 15.1 The Charity shall maintain a register of Members with an entry for each Member showing the Member's name and address and the date on which the Member became a Member and ceased to be a Member.
- 15.2 The register of Members must be kept at the Office or at a single alternative inspection location.
- 15.3 The register must be made available for inspection:
- 15.3.1 by any Member without charge; and
 - 15.3.2 by any other person within five working days of receiving a request that is for a proper purpose in accordance with the Companies Act, and subject to the payment of a fee at a level that is permitted by law.

16 Branches, Groups and Regions

- 16.1 The Board may recognise branches, groups and regions of the Charity ("**Affiliated Networks**"). Affiliated Networks operate under delegated authority from the Board.
- 16.2 The Board is responsible for determining whether, and if so how, to recognise an Affiliated Network. The Board may resolve to dissolve an Affiliated Network on the basis that it is in the best interests of the Charity.
- 16.3 The Board may make Regulations to govern Affiliated Networks which must be consistent with these Articles. Affiliated Networks shall comply with any applicable Regulations and these Articles.
- 16.4 Only Members or associate members of the Charity shall be entitled to participate in Affiliated Networks.
- 16.5 The income and property of Affiliated Networks belongs to the Charity, subject to any requirements imposed by law.
- 16.6 For the avoidance of doubt, where a Trustee or their Connected Person sits on the management committee (or similar) of an Affiliated Network, that Trustee is deemed for the purposes of these Articles to have a Conflict of Interest in relation to any Board

decision on allocation of Charity funds to the Affiliated Network, and the provisions of Article 10 shall apply in such circumstances.

DECISION-MAKING BY MEMBERS

17 Annual General Meetings

- 17.1 The Charity shall hold an annual general meeting in addition to any other general meeting in every calendar year. The annual general meeting must be specified as such in the notices calling it.

18 General Meetings

- 18.1 All general meetings except annual general meetings are called general meetings.

19 Calling of General Meetings

- 19.1 The Board may call a general meeting at any time and must call a general meeting within 21 days of a written request from not less than five per cent. of the Members who have a right to vote at general meetings.

20 Notice of General Meetings

- 20.1 An annual general meeting or a general meeting must be called by giving at least 14 Clear Days' Written notice (for the purposes of this Article "in Writing" includes notice given by website in accordance with Article 57.6). The notice must:

20.1.1 indicate the place (for an electronic meeting, the electronic platform), date and time of the meeting;

20.1.2 set out the general nature of the business to be discussed;

20.1.3 if a Special Resolution is to be proposed, set out the exact wording of the Special Resolution; and

20.1.4 include a statement informing the Members of their right to appoint a proxy to exercise their rights to attend, speak and vote at the meeting.

- 20.2 Notice of the meeting must be given to all those entitled to receive it under Article 59 and in accordance with Article 57.

- 20.3 A general meeting may be held on shorter notice by the agreement of not less than 90 per cent. of the Members entitled to attend and vote at it.

21 Quorum for General Meetings

- 21.1 Business may be transacted at a general meeting only if a quorum of Members is present in person or by proxy.

- 21.2 A quorum is 50 Members.

- 21.3 If an electronic meeting is to be held or Members are given the option to access the meeting electronically, a person shall also be considered present if they have electronically accessed the meeting, are able to hear the chair of the meeting speak and have the ability to vote on any resolutions at the meeting.

22 Chair of a General Meeting

- 22.1 The Chair (if any) of the Board should preside as chair at every general meeting of the Charity.
- 22.2 If there is no Chair, or if they are not present within 15 minutes after the appointed starting time or are unwilling to take the chair, the Vice-Chair shall chair the meeting, or if they are not present within 15 minutes after the appointed starting time or are unwilling to take the chair, the Board shall select the chair of the meeting, or in default the Members present shall select one of their number to chair the meeting.

23 Adjournment if no Quorum

- 23.1 If a quorum is not present within half an hour after the appointed starting time, the meeting may be adjourned to another day, time and place as the Board may decide, except where the meeting was called by the demand of Members, in which case it must be dissolved. Articles 24.3 and 24.4 shall apply to an adjourned meeting.
- 23.2 If no quorum is present at the reconvened meeting within half an hour of the appointed starting time, the Member or Members present at that time shall constitute the quorum for that meeting.

24 Adjournment of a General Meeting

- 24.1 The chair of the meeting may, with the consent of any meeting at which a quorum is present (and must if so directed by the meeting), adjourn the meeting.
- 24.2 The chair of the meeting must decide the date, time and place (for an electronic meeting, the electronic platform) at which the meeting is to be reconvened, unless these details are specified in a resolution.
- 24.3 No business may be transacted at any adjourned meeting except business left unfinished at the meeting from which the adjournment took place.
- 24.4 If a meeting is adjourned for 30 days or more, notice of the adjourned meeting must be given as for the original meeting.

25 Amendments to resolutions

- 25.1 An Ordinary Resolution to be proposed at a general meeting may be amended by Ordinary Resolution if the proposed amendment does not, in the reasonable opinion of the chair of the meeting, materially alter the scope of the resolution.
- 25.2 A Special Resolution to be proposed at a general meeting may be amended by Ordinary Resolution, if:
- 25.2.1 the chair of the meeting proposes the amendment at the general meeting at which the resolution is to be proposed; and
 - 25.2.2 the amendment does not go beyond what is necessary to correct a grammatical or other non-substantive error in the resolution.
- 25.3 If the chair of the meeting, acting in good faith, wrongly decides that an amendment to a resolution is or is not permissible, the chair's error does not invalidate the vote on that resolution.

26 Voting on Resolutions

- 26.1 A resolution put to the vote of a general meeting is decided by a show of hands unless a poll is duly demanded in accordance with the Articles.
- 26.2 A poll on a resolution may be demanded:
- 26.2.1 in advance of the general meeting where it is to be put to the vote; or
 - 26.2.2 at a general meeting, either before a show of hands on that resolution or immediately after the result of a show of hands on that resolution is declared.
- 26.3 A poll may be demanded by:
- 26.3.1 the chair of the meeting;
 - 26.3.2 the Trustees; or
 - 26.3.3 two or more persons having the right to vote on the resolution,
- save that no poll may be demanded on the election of a chair of a meeting or on any question of adjournment.
- 26.4 Unless a poll is demanded, the declaration of the chair of the meeting that a resolution has been carried by a particular majority or lost on a show of hands is conclusive. The result of the vote must be recorded in the minutes but the number or proportion of the votes cast need not be recorded.
- 26.5 A demand for a poll may be withdrawn before the poll is taken but only with the consent of the chair of the meeting.
- 26.6 The chair of the meeting will decide how a poll will be taken. The result of a poll will be treated as a resolution of the meeting.
- 26.7 If a poll is demanded the meeting may continue to deal with any other business that may be conducted at the meeting.

27 Proxies

- 27.1 Members may appoint a proxy who need not be a Member of the Charity. The proxy may be appointed by the Member to exercise all or any of the Member's rights to attend, speak, vote and demand a poll at a meeting of the Charity.
- 27.2 A person holding a proxy may vote on any resolution. If the appointer does not direct the proxy how to vote on a particular resolution, the proxy may vote as they think fit.
- 27.3 An instrument appointing a proxy shall:
- 27.3.1 be in Writing executed by or on behalf of the appointer;
 - 27.3.2 be in the form set out below or in any usual or common form or in such other form as the Board may approve;
 - 27.3.3 unless the contrary is stated, be valid for any reconvened meeting following an adjournment as well as for the meeting to which it relates; and

27.3.4 be deposited at the Office or at such other place or with such other person as the notice for the meeting shall specify at least 48 hours prior to the meeting or reconvened meeting (excluding any day that is not a working day).

27.4 A vote given or poll demanded by proxy or by the duly authorised representative of a body corporate shall be valid notwithstanding the previous termination of the authority of the person voting or demanding a poll unless notice of the termination was received by the Charity at the Office or at such other place at which the instrument of proxy was duly deposited at least 48 hours before the commencement of the meeting or adjourned meeting (excluding any day that is not a working day).

27.5 A proxy in the following or similar form will be acceptable:

"I

of

a member of [insert Charity name] (the "Charity")

hereby appoint the Chair of the Charity or if they are not present the chair of the Meeting*

.....

as my proxy to vote for me on my behalf at the [annual] general meeting of the Charity to be held on the day of and any adjournment thereof.

Signed on the day of 20....

*If you do not wish to appoint the Chair or the chair of the meeting, please delete the reference to the Chair of the meeting and insert the name and address of your appointee in the space that follows."

27.6 The instrument appointing a proxy shall be deemed to confer authority to demand or join in demanding a poll and may contain directions as to how the proxy is to vote on any resolution.

28 Voting and Speaking

28.1 Every Member present in person or by proxy has one vote on each issue at general meetings. The chair of the meeting does not have a casting vote.

28.2 Except where otherwise provided by the Articles or the Companies Act, every issue is decided by Ordinary Resolution.

28.3 The auditor or reporting accountant has the right to attend general meetings and to speak at general meetings on any part of the business of the meeting which concerns them as auditor or reporting accountant.

28.4 A Trustee shall have the same rights as Members to attend and speak at general meetings but shall not be entitled to vote unless they are also a Member.

29 Electronic Meetings

- 29.1 The Board may decide to hold a general meeting including an annual general meeting as a physical meeting, an electronic meeting (virtual meeting) or a combination of the two (a hybrid meeting).
- 29.2 Where electronic access to a general meeting is permitted the access must be via suitable electronic means agreed by the Board, and Members accessing the meeting electronically must be able to hear the chair of the meeting speak and have the ability to vote on any resolutions at the meeting in order to form part of the quorum.
- 29.3 Where an electronic only meeting is to be called the Charity shall not be required to specify in the notice of the general meeting the place of the meeting, but it must provide sufficient information to allow Members to access the meeting.
- 29.4 If, after the sending of notice of a general meeting but before the meeting is held, or after the adjournment of a general meeting but before the adjourned meeting is held (whether or not notice of the adjourned meeting is required), the Board decides that it is impracticable or unreasonable to hold (i) the physical meeting at the declared place or (ii) the electronic meeting on the electronic platform specified in the notice, and/or at the specified date and/or time, or the Board decides that it is more appropriate, it may change the place and/or electronic platform and/or postpone the date and/or time at which the meeting is to be held. If such decision is made, the Board may then change the place and/or the electronic platform and/or postpone the date and/or time again if it decides that it is reasonable to do so.
- 29.5 All resolutions put to the Members at electronic general meetings and hybrid general meetings shall be voted on by a poll. Such poll votes may be cast by such electronic or other means as the Board in its sole discretion deems appropriate for the purposes of the meeting.
- 29.6 All other provisions set out in these Articles in respect of the calling and holding of the general meeting, to include but not limited to, the quorum for the meeting, proxy voting, chairing of the meeting and the procedures to be followed at electronic only or hybrid meetings shall still apply save as amended by this Article 29.
- 29.7 If a Member, due to technological failings, is unable to attend a general meeting electronically or is only able to attend part of the general meeting, this shall not invalidate the meeting. The chair of the meeting shall however have the discretion to adjourn the hybrid or electronic meeting if such technological failings in their opinion substantially affect the holding of the meeting. All business conducted at the general meeting up to the time of adjournment shall be valid. If the meeting is so adjourned the Board shall determine the new date and time for the meeting.
- 29.8 The Board may make any arrangement and impose any requirement or restriction as is necessary to ensure the identification of those taking part in any electronic or hybrid general meeting and the security of the electronic communication and which is proportionate to those objectives. In this respect the Board is able to authorise any voting application, system or facility for electronic meetings as it sees fit.
- 29.9 The Board may take reasonable measures and may make such Regulations as it deems necessary, relating to the holding of electronic and hybrid general meetings from time to time. Such Regulations may include, but are not limited to including, provisions relating to etiquette and communication in meetings and voting in meetings.

30 Written Agreement to Resolution

- 30.1 Except in the case of a resolution to remove a Trustee or the auditors before the expiry of their term, Members may pass a written resolution without a meeting being held, provided that:
- 30.1.1 it is in Writing;
 - 30.1.2 a copy of the proposed resolution has been sent to every eligible Member;
 - 30.1.3 in the case of a Special Resolution it must be stated on the resolution that it is a Special Resolution, and it must be Signed by at least 75 per cent. of Members (or their duly authorised representatives) entitled to receive notice of and to attend general meetings;
 - 30.1.4 in the case of an Ordinary Resolution it must be Signed by a majority of Members (or their duly authorised representatives) entitled to receive notice of and to attend general meetings; and
 - 30.1.5 it is contained in a document which has been received at the Office within the period of 28 days beginning with the circulation date.
- 30.2 A written resolution may consist of two or more documents in identical form Signed by Members and is passed when the required majority of eligible Members have signified their agreement to it.

31 Defect in appointment of a Member

- 31.1 A technical defect in the appointment of a Member of which the Members are unaware at the time does not invalidate a decision taken at a general meeting or a written resolution.

BOARD OF TRUSTEES

32 Powers of the Board

- 32.1 The business of the Charity is managed by the Board, which may use all the powers of the Charity that are not, by the Companies Act or by these Articles, reserved to the Members or to them in their capacity as Members.

33 Composition of the Board

- 33.1 The Board shall consist of:
- 33.1.1 no fewer than six and no more than eight persons elected by the Members in accordance with Article 34 ("**Elected Trustees**"); and
 - 33.1.2 no more than four additional individuals co-opted by the Board in accordance with Article 36.2.
- 33.2 The Trustees in office when these Articles take effect shall remain in office until their term expires in accordance with Article 35.1, Article 36.1 or Article 36.2 (as appropriate). Any time spent in office before the adoption of these Articles shall count for the purposes of calculating length of service.
- 33.3 No person under the age of 18 may be appointed as a Trustee.

- 33.4 It is the intention that the Board shall comprise at least 75% of people who have had polio.

34 Elected Trustees

- 34.1 Election of Elected Trustees shall take place at the annual general meeting, or any other general meeting called for that purpose.
- 34.2 Nominations for Elected Trustees shall be submitted in Writing not less than three months before the meeting at which election will take place or by such other time as the Board may determine.
- 34.3 An Elected Trustee must be a Member of the Charity.
- 34.4 Nominations for Elected Trustees shall be proposed and seconded by Members whose membership subscription is paid up to date as at the date of submitting the nomination and shall be countersigned by the person nominated as an indication of their willingness to stand for election. Nominations will be sought through advertisement in the Charity's bulletin or such other magazine produced by or on behalf of the Charity and/or by any other means deemed appropriate by the Board.
- 34.5 Ballot papers shall be prepared bearing all the names of all candidates (together with biographical notes which shall not exceed 200 words (or such other number as may be agreed by the Board)) for each candidate together with any additional information on each candidate which the Board has requested each candidate to provide, and shall be circulated to all Members as soon as reasonably practical after the closing date for submitting nominations.
- 34.6 The election will be conducted by postal ballot. The election of Trustees shall operate on a first past the post basis. The counting of the ballots will take place at or prior to the relevant meeting.
- 34.7 Elected Trustees shall take office immediately after the meeting at which they are elected.

35 Retirement of members of the Board

- 35.1 At the third annual general meeting after their last election an Elected Trustee shall retire. They shall be eligible for re-election in accordance with these Articles.
- 35.2 All nominees to become an Elected Trustee will be required to attend training prior to standing for election.

36 Filling vacancies in the Board and Co-option

- 36.1 The Board can appoint any Member as a Trustee to fill a vacancy in the membership of the Board. They will hold office until the next annual general meeting where they may be elected by the Members (unless they cease to be a Trustee prior to that by virtue of Article 37). For the purposes of this Article the Board shall decide how many vacancies there are, subject to the restrictions set out in Article 33.1.1.
- 36.2 The Board may also co-opt up to four additional persons (who may but need not be Members) onto the Board at any time in excess of the maximum number of Trustees set out in Article 33.1.1 who shall hold office until the next annual general meeting

(unless they cease to be a Trustee prior to that by virtue of Article 37). A co-opted Trustee may be removed by the Board at any time.

37 Disqualification, resignation and removal of Trustees

37.1 A Trustee shall cease to be a Trustee if they:

37.1.1 become bankrupt or make any arrangement or composition with their creditors;

37.1.2 are disqualified by law from serving as a company director unless there is an appropriate exception in place;

37.1.3 are disqualified by law from serving as a charity trustee unless a waiver has been granted;

37.1.4 are considered by the Board to have become incapable, whether mentally or physically, of managing their own affairs and a majority of the other Trustees resolve that they must cease to hold office;

37.1.5 resign by notice in Writing to the Trustees (but only if at least four Trustees will remain in office when the resignation is to take effect);

37.1.6 are absent without permission from three consecutive Board meetings and it is resolved by a majority of the other Trustees to remove them;

37.1.7 breach their duties under the Companies Act and in particular the duties for the proper management of conflicts of interest and the Board resolves to remove them by a resolution by 75 per cent. of the other Trustees present and voting at a Board meeting and that prior to such a meeting the Trustee in question has been given written notice of the intention to propose such a resolution at the meeting;

37.1.8 are removed from office by the Members convening a general meeting and removing the Trustee in accordance with the procedure set out in the Companies Act;

37.1.9 are a co-opted Trustee and are removed by the Board in accordance with Article 36.2;

37.1.10 are removed from office by a resolution of at least 75 per cent. of the other Trustees present and voting at a Board meeting provided:

(a) at least half of the serving Trustees are present at the meeting; and

(b) that prior written notice of meeting and the intention to propose such a resolution has been given to the Trustee in question; or

37.1.11 die.

38 Notification of change of Trustees

38.1 All appointments, retirements or removals of Trustees and the Company Secretary (if any) must be notified to the Registrar of Companies and the Charity Commission.

DECISION-MAKING BY THE TRUSTEES

39 Meetings of the Board

- 39.1 The Board must hold at least four meetings each year.
- 39.2 The Board may meet, adjourn and run its meetings as it wishes, subject to these Articles and the Companies Act.

40 Calling a meeting

- 40.1 The Charity, if requested by the Chair or any three Trustees, must call a meeting of the Board.

41 Participation in meetings

- 41.1 Board meetings may be held in person, by telephone, or by suitable electronic means agreed by the Board in which all participants may communicate with all other participants.

42 Quorum for Board meetings

- 42.1 The quorum for a Board meeting is four Trustees or one half of the Trustees (if greater).
- 42.2 A Trustee shall not be counted in the quorum at a meeting in relation to a resolution on which they are not entitled to vote.

43 Chair of Board meetings

- 43.1 The Chair, or (if the Chair is unable or unwilling to do so) the Vice-Chair, or (if the Vice-Chair is unable or unwilling to do so) some other Trustee chosen by the Trustees present, presides at each Board meeting.

44 Voting

- 44.1 Matters for decision at any meeting must be decided by a majority of votes and each Trustee has one vote (including the Chair).
- 44.2 If the votes are equal, the Chair has a second or casting vote.

45 Resolutions in Writing without a Board meeting

- 45.1 A resolution in Writing Signed by all of the Trustees is as valid as if it had been passed at a properly held meeting of the Board. The resolution may consist of several documents in the same form Signed by one or more of the Trustees.

46 Officers of the Board

- 46.1 The Trustees may appoint or remove the Chair, the Vice-Chair or any other officers that it wishes. Officers shall be appointed from among the Trustees, with the exception of the Company Secretary who may but need not be a Trustee.

47 Board's right to act despite vacancies

- 47.1 The Board may act despite any vacancy on the Board, but if the number of Trustees falls below the number fixed as the quorum, it may act only to summon a general meeting of the Charity or appoint or co-opt further Trustees.

48 Validity of acts done at meetings

- 48.1 If it is discovered that there was some defect in the procedure at a meeting or the appointment of a Trustee, anything done before the discovery is valid.

DELEGATION BY THE BOARD AND COMMITTEES

49 Delegation by the Board

- 49.1 Subject to the Articles, the Trustees may delegate any of the powers which are conferred on them under the Articles:

- 49.1.1 to such person or committee;
- 49.1.2 by such means (including by power of attorney);
- 49.1.3 to such an extent;
- 49.1.4 in relation to such matters; and
- 49.1.5 on such terms and conditions;

as they think fit.

- 49.2 If the Trustees so specify, any such delegation may authorise further delegation of the Trustees' powers by any person to whom, or committee to which, they are delegated.
- 49.3 The Trustees may revoke any delegation in whole or part, or alter its terms and conditions.

50 Delegation to committees

- 50.1 Any delegation to a committee must specify those who are to serve on the committee and the Board may co-opt any person who is not a Trustee to serve on a committee, provided that a committee must include at least one Trustee at all times.
- 50.2 All acts and proceedings of a committee must be reported to the Board as soon as possible.
- 50.3 A committee must not knowingly incur expenditure or liability on behalf of the Charity except where authorised by the Board in accordance with a budget approved by the Board.
- 50.4 A committee may elect a chair of its meetings if the Board does not nominate one.
- 50.5 If at any meeting the committee's chair is not present within ten minutes after the appointed starting time, the committee members present may choose one of their number to chair the meeting.

51 Meetings of Committees

- 51.1 Unless the terms of reference for a committee provide otherwise:
- 51.1.1 a committee may meet and adjourn whenever it chooses;

- 51.1.2 questions at a committee meeting must be decided by a majority of votes of the committee members present and, in the case of an equality of votes, the chair of the committee meeting shall have a casting vote; and
- 51.1.3 a committee must keep minutes of all its meetings.
- 51.2 Committee minutes must be kept for a minimum of 10 years from the date of the meeting.

ADMINISTRATIVE MATTERS

52 Appointment and removal of a Company Secretary

- 52.1 The Board may (but need not) appoint and remove a Company Secretary in accordance with the Companies Act and may decide their period of office, pay and any conditions of service.

53 Appointment of reporting accountants or auditors

- 53.1 The Charity must appoint properly qualified reporting accountants or properly qualified auditors if the level of the Charity's income or assets from time to time makes this a legal requirement.

54 Records

- 54.1 The Board must keep records of:
 - 54.1.1 all proceedings at Board meetings (including the names of the Trustees present);
 - 54.1.2 all written resolutions;
 - 54.1.3 all reports of committees;
 - 54.1.4 all proceedings at general meetings; and
 - 54.1.5 all professional advice received.
- 54.2 Board minutes must be kept for a minimum of 10 years from the date of the meeting.

55 Articles, accounts and other statutory records

- 55.1 The accounts, the Articles and any Regulations must be kept at the Office or at a single alternative inspection location decided by the Board.
- 55.2 The Articles and any Regulations must be available for inspection by the Members and any Member who requests a copy of the Articles must be sent a copy.
- 55.3 The accounts must always be open to inspection by Trustees. The Trustees must decide whether, how far, when, where and under what rules the accounts may be inspected by Members who are not Trustees. A Member who is not a Trustee may only inspect the accounts or any records of the Charity if the right is given by law or authorised by the Trustees or a general meeting.

56 Accounts and returns

- 56.1 The Trustees must comply with the requirements of the Companies Act and of the Charities Act as to keeping financial records, the audit or examination of accounts and the preparation of accounts, and annual reports and returns.
- 56.2 The Board must, for each financial year, send a copy of its annual accounts and reports (or if applicable summary financial statements) to every person who is entitled to receive notice of general meetings at the same time as they file the accounts with Companies House, within nine months of the end of the Charity's financial year. Copies need not be sent to a person for whom the Charity does not have a current address (as defined in the Companies Act).
- 56.3 To the extent required by law, the Board must file the accounts and reports (or summary financial statements) with Companies House within nine months of the end of the Charity's financial year or within any other deadlines specified by law.
- 56.4 The Board must file with the Charity Commission the accounts and reports (or summary financial statements) and all annual returns and other documents that are required to be filed, within 10 months of the end of the Charity's financial year or any other deadlines specified by the Charity Commission.

57 Service of Notices

- 57.1 The Charity may provide notices, accounts or other documents to any Member either:
- 57.1.1 in person; or
 - 57.1.2 by hand-delivery or ordinary post to the Member's registered address;
 - 57.1.3 if the Member has provided the Charity with an email address, by email to that address (subject to the Member having consented to receipt of the notice, documents or accounts in this way); or
 - 57.1.4 in accordance with the provisions for communication by website set out below.
- 57.2 If a Member lacks a registered postal address within the United Kingdom, the notice, accounts or documents may be sent to any postal address within the United Kingdom which the Member has provided to the Charity for that purpose, or in accordance with the other methods set out in Article 57.1.
- 57.3 If a notice, accounts or other documents are sent by post, they will be treated as having been served by the Charity correctly addressing, pre-paying and posting a sealed envelope containing them. If sent by email they will be treated as properly sent if the Charity receives no indication that they have not been received.
- 57.4 Any notice or other document sent in accordance with these Articles is to be treated as having been received:
- 57.4.1 if sent by post, 48 hours after the envelope containing them was posted if posted by first class post, and 72 hours after posting if posted by second class post or overseas post;
 - 57.4.2 if sent by email, 24 hours after having been properly sent; or

57.4.3 immediately on being handed to the recipient personally.

57.5 The Charity may assume that any e-mail address provided to it by a Member remains valid unless the Member informs the Charity that it is not.

57.6 Where a Member has informed the Charity in Writing of their consent, or has given deemed consent in accordance with the Companies Act, to receive notices, accounts or other documents from the Charity by means of a website, such information will be validly given if the Charity sends that Member a notification informing them that the documents forming part of the notice, the accounts or other documents, may be viewed on a specified website. The notification must provide the website address, and the place on the website where the information may be accessed and an explanation of how it may be accessed. If the information relates to a general meeting, the notification must state that it concerns a notice of a general meeting and give the place (including for virtual or hybrid meetings the relevant electronic platform), date and time of the meeting. The notice must be available on the website throughout the notice period until the end of the meeting in question.

58 Irregularities

58.1 The making of any decision, or the proceedings at any meeting of the Trustees, Members or a committee shall not be invalidated by reason of:

58.1.1 any accidental informality or irregularity (including any accidental omission to give, or any non-receipt of, notice); or

58.1.2 the lack of qualification in any of the persons present and voting,

unless a provision of the Companies Act specifies that the informality, irregularity or lack of qualification shall exclude it.

59 Who is entitled to notice of general meetings

59.1 Notice of every general meeting must be given to:

59.1.1 every Member (except those Members who lack a registered postal address within the United Kingdom and have not given the Charity a postal address for notices within the United Kingdom, or an email address and consent to receive notices by email);

59.1.2 the reporting accountants or auditor of the Charity;

59.1.3 all Trustees; and

59.1.4 any President or other honorary position.

60 Regulations

60.1 The Charity in general meeting may make such regulations, by-laws or standing orders as it sees fit. These must not be inconsistent with the Articles or such that they would otherwise need to be made by a Special Resolution. No regulation may be made which invalidates any prior act of the Board which would otherwise have been valid.

61 Winding-up of the Charity

- 61.1 The Board or a general meeting may decide at any time to dissolve the Charity. The Charity shall then call a meeting of all Members and those entitled to notice of general meetings.
- 61.2 If the Charity is wound-up or dissolved, and there remains any property after all debts and liabilities have been met, the property must not be distributed among the members of the Charity. Instead it must be given or transferred to some other charitable institution or institutions. This other institution must have similar objects to those of the Charity and must prohibit the distribution of its income and property among its members to an extent at least as great as that required by these Articles.
- 61.3 The institution or institutions will be chosen by the members of the Charity at or before the time when the Charity is wound-up or dissolved and if that cannot be done then the property shall be given to some other charity or charitable object.