

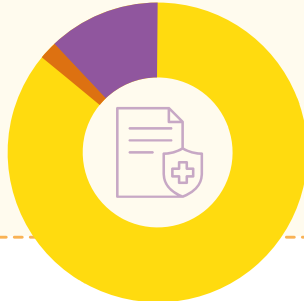
The **BIG** **SURVEY** for Members 2025

Highlights



Do you have polio listed on your GP health/medical records?

- Yes: **85%**
- No: **2%**
- Don't know: **12%**



Which of these local services do you have within a 30-mile radius?

- Physiotherapists: **754**
- Orthotics: **573**
- Orthopaedic: **572**
- Podiatry: **479**
- Neurologist: **439**
- Cardiologist: **422**
- Occupational therapy: **396**
- Dietitians: **360**
- Respiratory: **343**
- Rehabilitation: **268**
- Weight management: **267**
- Sleep disorders: **247**
- Psychology: **226**
- Other services: **213**



Lasting effects which you feel are related to you having had polio and living with the effects for years

- Cold intolerance: **724**
- Extreme fatigue: **624**
- Arthritis/Osteoarthritis: **580**
- Sleep issues: **443**
- Chronic pain: **438**
- Swollen legs: **347**
- Scoliosis: **304**
- Osteoporosis: **265**
- Swallowing difficulties: **237**
- Carpal tunnel: **218**
- Other: **189**
- Cardiovascular issues: **164**
- Diabetes: **125**
- Mental health issues: **117**
- Voice problems: **100**



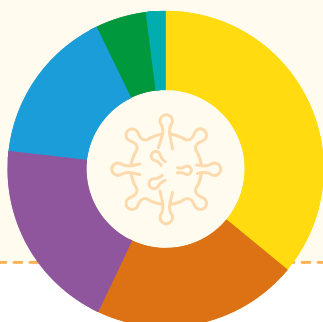
How you like the Fellowship to keep in touch

- Email
- *The Bulletin*
- Members' Update
- British Polio Fellowship website
- By post



How old you were when you contracted polio

- 2 - 5 years: **35%**
- 13 - 24 months: **21%**
- 0 - 12 months: **19%**
- 6 - 10 years; **16%**
- 11 - 20 years: **5%**
- 20+ years: **2%**



GPs and consultants seen by members who know about polio, late effects of polio and PPS

51% of GPs and **48%** of consultants knew about polio

30% of GPs and **38%** of consultants knew about late effects of polio

31% of GPs and **38%** of consultants knew about PPS



How you stay informed about polio

- The British Polio Fellowship
- Search engines (e.g. Google)
- Social media



Members who have or think they have PPS

89%



Aids used by most members for their polio-related problems

- Grab rails: **50%**
- Walking stick(s): **50%**
- Shower chair: **34%**
- Footwear (special shoes, shoe lift, insoles): **34%**
- Raised toilet seat: **29%**
- Mobility car: **28%**
- Manual wheelchair: **28%**
- Mobility scooter: **28%**
- Wet room: **24%**
- Crutch(es): **22%**
- Knee ankle foot orthoses (KAFOs): **22%**
- Footwear raise adaption: **21%**
- Electric recliner/Riser chair: **20%**
- Other: **19%**
- Electric wheelchair: **19%**
- AFOs Ankle foot orthoses: **16%**